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Descriptive Summary

CREATOR:
Retired Air Force Dietitians Association

TITLE:

DATES:
1944-2007

ABSTRACT:
The Retired Air Force Dietitians Association Records consist of 14 ft. of manuscript material, ~977 photographs, ~3707 slides, 21 audiocassettes, 42 films/videocassettes, and 30 3 ½ floppy discs. A majority of the records were created by dietitians in the United States Air Force during active duty and were later assembled by the Retired Air Force Dietitians Association. One series includes the records of the Retired Air Force Dietitians Association.

EXTENT:
14 ft. of manuscript material, ~977 photographs, ~3707 slides, 21 audiocassettes, 42 films/videocassettes, and 30 3 ½ floppy discs

LANGUAGE:
English

REPOSITORY:
University of the Incarnate Word

ADMINISTRATIVE HISTORY:

Air Force Dietetics

Air Force dietetics officially began in 1949 when 38 army dietitians were transferred to serve the newly created United States Air Force Medical Service Corps. The Air Force Medical Service Corps was divided into six administrative categories: (a) Medical Corps, (b) Dental Corps, (c) Veterinary Corps, (d) Medical Service Corps, (e) Air Force Nurse Corps, and the (f) Women’s Medical Specialists Corps (WMSC). All 38 dietitians were transferred to the Women’s Medical Specialist Corps (WMSC) and were placed under the command of the acting director of the WMSC Maj. Miriam E. Perry. In 1953, dietitians in the Women’s Medical Specialist Corps developed chapters 10 and 11 of the AFM 160-20, later to become AFR 160-86 and 160-87, the first dietary and food service standards for the Air Force. To accommodate the rising demand for dietitians, the Women’s Medical Specialist Corps became the Medical Specialist Corps (MSpC) and began accepting male dietitians in 1955. Dietitians remained a part of the Medical Specialist Corps for the next ten years, until it was designated as one of the original 13 sections of the newly created Biomedical Sciences Corps in 1965. During this period, Air Force dietitians held the 1st Conference of Air Force Dietitians (1954), created the 1st diet supervisors training course (1962), advised scientists and astronauts on nutrition as part of the space food program, participated in aeromedical evacuation flights from Vietnam, assisted in the creation of Cooked Therapeutic In-flight Meals (CTIMs), conducted nutrition surveys of returning prisoners of war in Vietnam as part of Operation Homecoming, and created an internship program to recruit and train dietitians in the Air Force (1973). Through the 1980s-1990s, dietitians remained an integral part of the Air Force, assisting in the repatriation of Iranian
hostages, participating in Operation Just Cause, Desert Storm, and voyages of the USNS Mercy. In 1982, the Medical Food Service changed its formal title to the Nutritional Medicine Service (NMS), and diet therapy specialists were officially listed as a medical specialty within the Air Force. The Air Force also established several influential committees related to dietetics during the 1990s, such as the Department of Defense Nutrition Committee, the Lewin study, and the Medical Nutrition Therapy working group, all of which studied the relationship between dietetics, nutrition, and healthcare.

**Retired Air Force Dietitians Association (RAFDA)**

The Retired Air Force Dietitians Association was formally incorporated on October 12, 1987 in San Antonio, TX by retired dietitians of the United States Air Force. The association was created in order to “stimulate love of country and the flag; to foster camaraderie, offering support, and social opportunities for the members; to present the interests of members, through periodic communications; to cherish shared memories and contribute; to the preservation of Air Force dietetic history; to service as a communications link between retired and active duty Air Force dietitians; and to advocate the desirability of a career in Air Force dietetics.” Individuals are eligible to join the association if they are retired dietitians of the Air Force Women’s Specialist Corps, Air Force Specialist Corps, or Air Force Biosciences Corps, or if they are dietitians in the Air Force Biomedical Sciences Corps with at least 16 years of active service. The association is composed of members, regional directors, a board of directors, and officers (president, vice president, secretary, and treasurer) and has meetings of all its members biennially. The association publishes a newsletter twice a year and has created a film and a book, *Fifty Years of Air Force Dietetics, 1949-1999*, which recounts the history and accomplishments of dietitians in the United States Air Force.

**Biennial Meetings**

- 19 October 1988 Atlanta
- 28 October 1991 Dallas
- 29 October 1995 Chicago
- 17 October 1999 Atlanta
- 24 October 2003 San Antonio
- 29 September 2007 Philadelphia
- 23 October 1989 Kansas City
- 24 October 1993 Anaheim
- 11 October 1997 San Antonio
- 29 September 2001 San Antonio
- 21 October 2005 St. Louis
- 17 October 2009 Denver

**RAFDA Presidents**

- 1991- 1999 Lt. Col May O’Hara Awe
- 1999- 2007 Col. Corinne McNamee
- 2007 - present Col. Paula Tsufis

**RAFDA Membership**

- August 2008 156 Members
SCOPE AND CONTENT:
The Retired Air Force Dietitians Association Records consist of 14 ft. of manuscript material, ~977 photographs, ~3707 slides, 21 audiocassettes, 42 films/videocassettes, and 30 3 ½ floppy discs. A majority of the records were created by dietitians in the United States Air Force during active duty and were later assembled by the Retired Air Force Dietitians Association. The records are organized into seven records series: 1) Air and Space Food Programs (1 ft.), 2) Vietnam (.8 ft.), 3) Desert Storm (.4 ft.), 4) Iranian Hostages (.1 ft.), 5) Administration and Management (2 ft.), 6) Food (3.5 ft.), 7) Education and Training (3 ft.). The remaining two record groups include the records created by the Retired Air Force Dietitians Association, consisting primarily of association newsletters, meeting programs, and photographs from 1987-2007 (2 ft.), and dietary and military publications separated from the rest of the collection (1.5 ft.).

INDEX TERMS:
People:
- Awe, May.
- Ballentine, Frances.
- Bobo, Carolyn.
- Creech, Kathleen.
- Falconer, Dean.
- Manor, Filomena R., 1926-.
- Perry, Miriam.
- Underkofler, Audrey.

Places:
- Cam Ranh (Vietnam).

Organizations:
- Air Force Medical Service -- History -- Sources.
- Biomedical Sciences Corps -- History -- Sources.
- Retired Air Force Dietitians Association -- Archives.
- Women’s Medical Specialist Corps -- History -- Sources.

Subjects:
- Brooks Air Force Base (Tex.) -- Dietetics -- History.
- Clark Air Base (Philippines.) -- Dietetics -- History.
- Cookery, Military -- History.
- Dietetics -- United States -- History -- 20th century.
- Dietetics -- Study and teaching (Internship) -- United States.
- Diet therapy -- History.
- Hospitals -- Food service -- History -- Sources.
- Iran Hostage Crisis, 1979-1981.
- Malcolm Grow USAF Medical Center -- Dietetics -- History.
- March Air Force Base (Calif.) -- Dietetics -- History.
Scott Air Force Base (Ill.) – Dietetics -- History.
Sheppard Air Force Base (Tex.) – Dietetics -- History.

PREFERRED CITATION:

RELATED COLLECTIONS:
Miriam E. Perry Goll Papers, MS 155, Simmons College Archives.

PROCESSING INFORMATION:
Processed by Sean Heyliger, Processing Archivist, January—April, 2010.
Inventory of the Retired Air Force Dietitians Association Records, 1944-2007

Series I: Air and Space Food Programs

Description:
Series I is divided into two subseries: aerospace food service (.4 ft.) which includes journal articles, newspaper clippings, photographs, reports, slides, speeches, and unpublished articles documenting the aerospace food program in the late 1960s, and Air Force aeromedical food programs (.6 ft.) which includes brochures, menus, manuals, photographs, questionnaires, newspaper clippings, posters, speeches, and slides related to aeromedical evacuation and cooked therapeutic in-flight meals (CTIMS).

BOX 1  Aerospace Food Service
Information fact sheet, 1967
Journal articles
“Acceptability of food items developed for space flight feeding,” Food Technology, October, 1967
“Brooks team had ‘true grits’ in cooking up science menu for moon voyages,” Science and Technology Writer, undated
“Clinical nutrition applications of space food technology,” Journal of the American Dietetic Association, April, 1973
“Consumption of re-hydrateable food in zero-gravity environments using conventional eating utensils,” Aerospace Medicine, March, 1970
“Development and evaluation of a simplified formula food for aerospace feeding systems,” Aerospace Medicine, January, 1968
“Development of space foods,” Journal of the American Dietetic Association, May, 1964
“Evolution of space feeding concepts during the Mercury & Gemini space programs,” Food Technology, December, 1967
“How conventional eating methods were found feasible for spacecraft,” Food Technology, Vol. 25, No. 1, 1971
“Nutritional evaluation of a pre-cooked dehydrated diet for possible use in aerospace systems,” Food Technology, October, 1966
“Nutrition in space,” NASA Education Brief, #1002, undated
“Study of man during a 56-day exposure to an oxygen-helium atmosphere at 258 mm. Hg total pressure,” Aerospace Medicine, June, 1966
Newspaper clippings, 1966-1999
Photographs [May O’Hara Awe/food service], undated

Reports

“Development of food items to meet Air Force requirements for space travel,” June, 1964 [2 copies]

“Food for space travel: an examination of current capabilities and future née ds,” January, 1963 [2 copies]

“Frozen component meals packaged for medical food service,” December, 1970

“Plastic packaging for space feeding of heat processed and frozen foods,” May, 1962

“Preliminary project report on feasibility study of the application of microwave energy in aerospace feeding systems,” March, 1969

BOX 16 Slides

Space meals, ca. 1960s
May O’Hara Awe, ca. 1960s

BOX 1 Speeches

“Abstract: evaluation of foods used in aerospace feeding systems,” John E. Vanderveen, undated

“Aerospace feeding: research, development, and operational aspects,” May O. Klebanoff, October, 1969

“Aspects of space feeding,” undated

“Current research for space travel: nutrition and food technology,” April, 1963

“[The] dietitian in aerospace research,” January, 1967

“Lunch among the stars,” May O’Hara Awe, November, 1968

“Nutritional aspects of the development of food for 30-day space missions,” John E. Vanderveen,” 1965

“Nutrition for long space voyages,” John E. Vanderveen, undated

“Nutrition research for man in space flight,” Beatrice Finkelstein, November, 1958

“Progress in space feeding research,” Beatrice Finkelstein, October, 1961

“Research in space nutrition,” May O’Hara, June, 1966

“Space nutrition,” E.W. Speckmann, 1965

Speech presented to panel on space nutrition, Life Sciences Committee, Space Science Board, 1967

“Surface coatings for space foods,” Edward Anderson, September, 1966

[Untitled speech], 1967

Unpublished articles

“Changes in food patterns and nutritional content of the Alaska Eskimo and Indian resulting from cross-cultural influences,” May Klebanoff, May, 1978

“Evaluation of foods for space flights,” John E. Vanderveen, undated

“Evaluation of space feeding systems,” John E. Vanderveen, et. al., undated

“Food for astronauts,” John E. Vanderveen, undated
“Values in relation to my environment,” May Klebanoff, undated

Air Force Aeromedical Food Programs
Air crew nutrition, 1985-2002

Brochures/menus
“Aeromedical evacuation: information for patients,” 1969
“Food service support of aeromedical evacuation,” 1967
“Plains Inn flight menu,” undated

C-9 aero evacuation [‘the nightingale’], 1968

Cooked therapeutic in-flight meals (CTIM)
Information letter, 1989-1990
MACMET study of in-flight meal procedures, 1969

Manuals
CTIM for aeromedical evacuation, 1969
MM 164-1, 1971
AFR 166-6, 1986
MAC form 206, 1986
Overview of CTIM system, 1968-1983
Progress report, 1970
Proposed revisions to AFP 164-4 and AFR 164-5, 1990
Quality control study, 1990

Cook stations
C-9 galley, undated
C-141 galley, undated

Flight meal questionnaires, 1985
Meal credit/reimbursement procedures, 1970
Newspaper clippings/articles, 1955-1986
Photographs
“Feeding the aeromedical patient,” 1952

BOX 19
Posters
“Your health and your job,” 1955
“Your health and your job: Pre-flight meals alert,” 1955
“Your health and your job: In-flight meals refuel,” 1955
“Your health and your job: Post-flight meals recharge,” 1955
“Your health and your job: Plan your diet pattern,” 1955

BOX 1
Reports/manuals
“A concise history of the USAF aeromedical evacuation system,” 1976
“Aeromedical evacuation dietetic support [AF regulation 146-15],” 1993
“Aeromedical evacuation dietetic support [AF instruction 41-303],” 1995
“Aeromedical evacuation guide,” 1987
“Aircrew nutrition [AFP 166-16],” 1987
“B-52 crew evaluation of thermostabilized foods,” 1974
“Bite-size food in fighter aircraft,” 1967
“Flight feeding and field kitchen operation, Extension Course Institute,” undated
“Flight food service management [AF regulation 146-15],” 1988
“Know what you’re eating—a key to health [AFP 160-133],” 1980
“Nutritional medicine flight guide,” undated

Speeches
“Food service support of aeromedical evacuation,” 1968
“The nightingale delivers therapeutic nutrition at 30,000 feet,” 1968

BOX 16  Slides
Aeromedical evacuation, 1967-1968 and undated
Cooked therapeutic in-flight meals (CTIM), 1964-1968 and undated
Airplanes/missiles/space, 1964-1973

BOX 1  U-2 pilot nutrition, 1999

Series II: Vietnam

Description:
Series II consists of two subseries: Operation Homecoming materials include videotapes, cassette tapes, slides, photographs, and preparation and planning materials for the homecoming of Vietnam POWs in 1973 and also a small amount of material documents the treatment and care of POWs during previous conflicts (.6 ft.); Cam Ranh Bay materials are mostly slides taken by Captain Bonnie Stewart and Gourley that document food service facilities at the base (.2 ft.).

BOX 1  Cam Ranh Bay
Captain Bonnie Stewart
   Slideshow transcript, undated
   Correspondence, 1966-1971
   Map, ca. 1966

Captain Gourley
   Slideshow transcript, undated

BOX 21  Operation Homecoming
Assorted videotapes
   C-9 footage, Beta tape, undated
   Dinner Belles [990922c], 1998
   Operation Babylift, Betacam video, undated

BOX 1  Clark Air Force Base welcome home party, 1969-1973
   Communicable diseases in North Vietnam, undated
Defense Advisory Committee On Women In The Service (DACOWITS) speech, 1973
Egress recap debriefer—psychological aspects of debriefing, ca. 1972
Egress recap orientation—articles on prisoners of war, ca. 1972
Forms
  Nutrition history, 1972
  Repatriated prisoner of war—initial medical evaluation forms, 1972

BOX 2
Repatriated prisoner of war—initial medical evaluation forms, 1972
“[The] gourmet delight of Operation Homecoming,” ca. 1973
Names of prisoners of war released [Commanders Digest], 1973
Newspaper clippings [individual prisoners of war], 1973-1978
Number treated at Air Force hospitals, 1973
Preparations, 1972
Prisoner of war nutrition
  All wars, 1971-1981
  Repatriated prisoner of war nutrition care
    History of the prisoners of war nutrition care plan, 1945-1972
    Activities at Clark Air Force Base, 1973
    Activities at CONUS destination hospitals, 1973
    Recommendations, 1973
Nutrition care
  Plans, 1961-1972
  Journal articles, 1944-1978

BOX 20
Repatriation interviews
  March Air Force Base [1 reel-to-reel/2 cassettes], 1972
  Clark Air Force Base/Philippines, 1973
  Unlabeled cassette, undated

BOX 2
Vietnamese plants and food/subsistence requirements, 1970
Prisoners of war/missing in action, 1953-1976

BOX 16
Slides
  Assorted, undated
  Cam Ranh Bay
    Captain Bonnie Stewart, 1969
    Captain Gourley/Sylvia Rodriguez, 1965 and undated
  Dinner Belles, 1970
  Prisoners of war
    Dinner, undated
    Return preparation/Operation Homecoming, 1967 and undated
  Southeast Asia food, undated
Series III: Desert Storm

Description:
Series III includes a small amount of material (~.4 ft.) related to dietitians participation in Operation Desert Storm. Materials include after action reports, field feeding manuals, pre- and post- conflict presentations, dietitians that served during the conflict, and slides of food operations in the field.

BOX 2  
After action reports, 1991  
Concept of support for hospital operations, 1990  
Field feeding during Operation Desert Storm, undated  
Memoranda, 1990-1991  
Nutrition for work in hot environments, 1991  
Nutritional medicine support for Operation Desert Storm, undated  
Operation Desert Storm 201st evacuation hospital, Puerto Rico National Guard, undated  
Quality of life survey response, 1991  
PowerPoint presentation [untitled], 1996  
Pre-deployment preparation and ongoing operation, 1991  
Rotating 10-day menu cycle, undated

BOX 16  
Slides  
Set 1, ca. 1991  
Set 2 [copies], ca. 1991  
Set 3 [copies], ca. 1991  
10th ASF, Major Sutay, 1991

BOX 2  
Speech, Major Esther Myers, “Operation Desert Storm/Shield RD: What we did and how we did it,” 1991 [cassette tape and transcript]  
United States Air Force dietitians deployed for Operation Desert Storm, 1991

Series IV: Iranian Hostages

Description:
Series IV consists of materials (.1 ft.) related to the repatriation and nutritional care of hostages released by Iran. The series includes a short history related to the hostages’ care and treatment, and also includes slides and photographs documenting their release and treatment in Germany.

BOX 2  
Cassette tape, 1981  
History of repatriation of Iranian hostages, 1993  
Filomena Manor speech, undated
Series V: Administration and Management

Description:
Series V includes files on the Air Force dietitian consultant program, manpower standards and descriptions, administrative histories of the Air Force women’s and medical service corps, master lists of dietitian assignments, manuals for management food service operations, personnel and historical reports of the Air Force medical corps from the 1940s-1980s, and slides, photographs, and biographical materials of dietetic leaders in the Air Force (2 ft.).
FAC 5120 [manpower standard], 1978-1994
FAC 5520 [manpower standard], 1994
Functional review study process, 1983-1991
Management engineering study, 1967-1974
Manpower evaluations, 1992
Manpower standard review, 1978-1982
Medical food service management engineering studies, 1967-1974
Military essentiality codes and criteria (MES), 1994
Nutrition management functional economic analysis, 1993-1994
Officer grade distribution, 1983
Preliminary report: Air Force engineered manpower standards [FC 5XXX], 1974
Registered dietitian credentialing, 1988-1993
Staff study report, ca. 1968
Talking paper on dietitian authorizations and staffing, 1987

Manuals
“Administration of medical activities,” 1965
“Hospital food service,” ca. 1962
“Manual for the Department of Defense service program,” 1978
“Nutritional medicine management,” 1997
“Nutritional medicine service [AFR 168-4 (C3)],” 1987
“Policies for nutritional medicine service personnel,” 1995
“Requisites of the highly competent diet supervisor,” 1962
“Tangible evidence of a well-organized medical food service,” 1968
“USAF medical food service management manual,” 1966

Photographs
Assorted [digital scans], 1954-1973
Bobo, Carolyn, 1957-1993
Ballentine, Frances, 1962 [?]- 1970
Chambers, Jean [with Janet Kampovitz], 1985
Chaska (Baird), Shirley, 1969

BOX 4
Consultants, 1965 and undated
Creech, 1959-1965
Falconer, Dean [with retirement program], ca. 1991
Fox, Gale, 1966
Goll/Perry, Miriam, 1950-1978

BOX 19
Portrait of Miriam Goll/Perry, undated

BOX 4
Gremillion (née Patterson), Lucille, 1964
Burns (née Horak), Mary, 1961
Hubbard, Rachel [with San Antonio Mayor William McAllister], 1968

4.10.2010
Hunger, Corrine, 1965
Manor, Filomena [née Fusco]/Jean McKay [née Smith], 1950-1991
Underkoffler, Audrey, 1956-1992
Uniforms, 1950-1961
Quarterly reporting requirements for nutritional medicine service, 1995
Reports
Air Force Medical Specialist Corps/Biomedical Science Corps
Personnel statistical reports
  1949-1953
  1953-1955
  1956-1958
  1958-1962
Semi-annual historical reports
  1950-1964
  1957-1968
  1971-1983 [summaries]
  1976-1979
  1980-1984
  1985-1989
Medical food service management progress, 1964
Medical Specialist Corps newsletter, April, 1962
Nutritional Medicine Service reports
  1967-1986
  1986-1987
  1988-1990

BOX 16 Slides
  Ballentine, Frances, undated
  Chambers, Jean, undated
  Goll/ Perry, Miriam, undated
  Walker, Marilyn, undated

BOX 17 Defense Advisory Committee on Women in the Services, ca. 1960s

BOX 16 Filomena Manor receiving the McLester Award, 1963

BOX 17 Mary Lou Yancy, undated
  Uniforms, ca. 1950s-1960s

BOX 4 Women’s Medical Specialist Corps reports, 1951-1964
Series VI: Food

Description:
Series VI consists of 3.5 ft. of manuscript material divided into nine subseries that document food production, food service equipment, health and nutrition programs, photographs, slides, rations, and readiness operations. Most of the materials are Air Force food preparation manuals and recipe books from the 1960s-1980s.

BOX 4  A la carte system

- Medical a la carte cafeteria feeding and the automated medical food service inventory control and accounting system, 1982
- Memoranda, 1974-1981

BOX 5  The a la carte system, 1978

Food service and production

Cookbook manuals/recipes

- Assorted recipes, ca. 1969
- Assorted menus, 1991 and undated
- [The] Army cook [TM10-405], 1946
- Diet manual [AFM 160-8], 1979
- Ehrling Bergquist Strategic Hospital healthy heart cookbook for quantity cooking, ca. 1974
- Enhancing military diets: recipe development, undated
- Favorite recipes of the USAF Hospital Andrews
  - Section I, February, 1964
  - Section II, May, 1965
  - Section III, February, 1966
  - Section IV, March, 1966
  - Section V, April, 1966
  - Section VI, April, 1966
  - Sections I-VI, 1964-1969

Hospital diets [TM8-500]

- 1945
- 1951
- 1957
- 1965

“Kitchen guide: healthy cuisine program for clubs & snack bars,” undated
- Therapeutic diet recipes [AFM 160-18], 1961
- United States Air Force worldwide menu [AFP 146-17], 1991

Food service equipment

- Articles, 1975-1976
Equipment life expectancy, 1982-1986
Field feeding

*Army medical field feeding operations [FM 8-505], 1989*
Combat field feeding system (CFFS) operations, 1986

**BOX 6**

“Field feeding: an overview,” undated
*Field hygiene and sanitation [AFM 161-10], 1970*
Military field type equipment, undated
*Mobile field kitchen trailer [MKT-75], undated*
Operator, organizational and direct support maintenance manual, including repair parts and special tools lists […], 1969
Sanitation and hygiene survey no. 57-35-9220-85, combat field feeding systems operational test I, Ft. Hood, Texas, 1984
*Technical manual—operator, organizational and direct support maintenance manual including repair parts and special tools list range outfit, field, gasoline model S9, FSN 7360-082-2153 […]*, 1974

Food automation computer system, 1970-1990
Harvest Bare kitchen

“Erection, operation, storage, inspection, and maintenance instructions—kitchen facility bare base,” 1973
“Field evaluations and definition of the proposed Air Force forward base food service system—The new Harvest Eagle,” 1982
“Retest of the bare base food service system,” 1977

Manuals

“Diet therapy specialist: food service equipment,” 1970
“Engineering and design food service facilities,” 1959
“Equipment planning guide,” 1978
*Food production, service, and subsistence management [TM 8-504], 1970*
[2 copies]
*Food services (non-tactical) [TA 504], 1965*
*Hospital food service administration [TM 8-503], 1970*
*Meal, pre-cooked, frozen [MIL-M-16966C], 1964*
Meal surcharge and operating costs, 1995
Medical food service for 500-bed increment, 1982
“Operation and 1st echelon maintenance of food service equipment,” 1956
*Sanitary food service [AFM 146-7], 1953*
“Selection and standardization of food service equipment,” 1969
“USAF medical food service design,” ca. 1960s

Space equipment, 1963-1989
Table of allowances, 1965, 1987

Health and nutrition

Air Force fitness summit III, 1996
Articles, 1983-1996
Basic military training nutrition project, 1993-1999
Check It Out nutrition program
  Assorted materials, 1994-1995
  Photographs, undated
Committee on Body Composition, Nutrition, and Health of Military Women, 1996-1999
Dietitian pilot test at Super Clinics, 1995

BOX 7
Hyperlipidemias protocol research and development, 1968-1993
Mirror Force
  Strategic plan, 1996
  Tactical plan, 1999
Nutrition outcomes measurement external review panel, 1996
Obesity, 1975-1980
Policy statements
  Aspartame, 1987
  Calcium fortified foods/Whey, 1987
  Dietary supplements and herbals, 1988-2000
  Dining facilities for vegetarians, 1975, 1990
  Folic acid supplements, 1997-1998
  Garrison/shipboard feeding, 1987-1990
  Liquid diets, 1987-1990
  Nutritional standards, 1971, 1999
  Pharmacological use [anorectic drugs], 1986-1987
  Sports nutritional products, 1986-1990
Reports/Manuals
  Applied clinical nutrition [AFM 160-8], 1968
  Alcohol, caffeine, and other choices [MCP 160-22], 1981
  “A way of life,” 1965
  Calorie restricted diets for weight reduction [AFP 160-149], 1980
  Chapter 11: Nutritional medicine service [AFR 168-4], 1990
  Cholesterol and calorie restricted diets with modified fat for hyperlipidemias [AFPAM 44-134], 1993 [2 copies]
  Clinical dietetics [AF instruction 44-135], 1994
  Clinical dietetics [AF manual 44-139], 1993
  Cooking for one [MCP 160-28], 1981
  Dietary information for the person with diabetes [AFP 166-23], 1993
Dietary information for weight loss [AF pamphlet 44-132], 1994
Diet ordering guide [AFPAM 44-124], 1993
Diet therapy management [TM 8-502], 1970
Fat restricted diet [AFP 166-41], 1986
Good eating: a dieter’s guide [AFP 166-10], 1986
Guide to good eating: a recommended daily pattern [MCP 160-11], 1981
Health and job-specific body composition standards for the U.S. Air Force
   Volume 1, final report, 2000
   Workshop proceedings, 1999
Health promotion program [AF instruction 40-101], 1998
Lewin Group Inc. study
   “Application/request to American Medical Association for CPT codes for medical nutrition therapy,” 1996
   “Building a case for covering medical nutrition therapy in DOD healthcare plans,” 1999
   “Covering medical nutrition therapy services under Tricare: benefit costs, cost avoidance and savings: final report,” 1998
Medical nutrition therapy selected references, 1994-1999
   “Nutrition services improve health and save money: evidence from Massachusetts,” 1993
   “Summary of medical nutrition therapy brief,” 1999
   “Synopsis of the Lewin report released on 15 November 1998, ‘The cost of covering medical nutrition therapy services under Tricare: benefit costs, cost avoidance, and savings,’” undated
   “The coalition for nutrition service in health care reform—position statement,” 1993
   “The missing element of Tricare…medical nutrition therapy fact sheet,” 1999
Maximizing nutrition in the later years [MCP 160-21], 1981
Nutrition [TM 8-501], 1949
Nutrition [TM 8-501], 1961
Nutrition and the athlete [MCP 160-27], 1981
Nutrition education [AF instruction 40-104], 1994
Post gastrectomy diet [AFP 166-34], 1987
Pre-natal calorie restricted diet [AFP 166-21], 1986
Pre-natal nutrition [AFP 166-20], 1986
“Review of military subsistence,” 1994
“Stimulating nutritional awareness and action in military populations,” 1981
“The sensible weight,” 1999
U.S. dietary goals and a prudent diet for Americans [MCP 160-29], 1981

BOX 21  Videocassettes
Nutrition support for combat casualty care: a multidisciplinary approach
Cassette #1
Nutrition support for patients during aeromedical evacuation, undated
Nutrition support, Echelon III, Operation Desert Storm, undated
Cassette #2, undated
Nutrition support, NATO Echelon IV, undated
Early enteral nutritional support of the multisystem trauma victim, undated
Cassette #3, undated
DEPMEDS and patient treatment protocols, undated
Panel discussion: Col. Ralph Wheeler, undated

BOX 7  Photographs
Continuing medical readiness training (CMRT), 1987-1989
Food service, 1962-ca. 1990s
Holiday meals, 1961-1992
Little Rissington, 1984-1986
Red flag, 1989

Rations
Basic daily food allowance (BDFA), 1985-1998
B rations
Standard ‘B’ hospital ration for the armed forces
AFM146-9, 1968

BOX 8
AFM 146-4, 1971
AF 146-8, 1983
AFR 166-4, 1990
AFMAN 41-121, 1993
Dental liquid ration, 1991
Meals-Ready-to-Eat (MREs)
Cookbooks/menus, 1988 and undated
Fact sheets, 1986-1996
Memoranda, 1985-1987
Newspaper articles, 1998
Nutritional value summaries, 1987-1999

Medical T rations, 1987
OPERATIONAL RATIONS
Assorted, 1966-2001
Summary of operational rations

1970
1983
1992 [NAM PAC 30-2]
ca. 1997 [NAM PAC 30-25 3rd edition]
Undated [2 copies]

Reports/manuals
“Feeding the military man,” 1969
“Food ration and food service management Task 65-17 reconnaissance survey,” 1965

14-day US Army reserve component and field training menu [SB 10-263], 1982
“Nutritional challenges for field feeding in a desert environment: use of the UGR [unitized group ration] and a supplemental carbohydrate beverage,” 1997

Review of military subsistence,” 1994

“Nutritional challenges for field feeding in a desert environment: use of the UGR [unitized group ration] and a supplemental carbohydrate beverage,” 1997

Ration and meals [MCP 160-89], 1981

“Review of military subsistence,” 1994

“31-day field feeding menu and recapitulation of menu issues,” 1979

Tray pack ration, 1990

Readiness operations
Concept of operations, 1990-1999 and undated
Contingency hospitals, 1978-1999

Criteria for design and construction of Air Force medical facilities [AFP 88-500-1], 1962

“Deployable medical systems nutrition care bulk equipment sets combat zone hospitals,” 1985

Disaster casualty control plan [AFR 160-25], 1986

“Disaster feeding,” 1968
Food service feeding in a nuclear, biological, or chemical environment, 1980

“Food service support for USAF deployable medical systems,” 1983
Just Cause [Panama], 1998

Medical readiness symposium update, undated

Medical service planning: medical readiness [AFM 160-37], undated

“Planning criteria for medical facilities,” 1963

Prime readiness in base services (RIBS) program
“Field hygiene and sanitation—student handout,” 1978
“Heater, immersion, liquid fuel fired—student handout,” undated
“Housekeeping and non-housekeeping quarters [140-3],” undated
“HQ AFESC,” undated
“Mobile field kitchen Model MKT-75—student handout,” undated
“Range outfit, field gasoline, Model M59,” undated
“Tent, kitchen, flyproof,” undated
Reforger exercises at Nocton Hall, 1987
Specialist corps deployment readiness smart book, 2002
Strategic plans, 1989-1990
Team Spirit 89’ after action reports, 1989
Tri-service combat planning for nutritional care, 1985-1990
USNS Mercy mission, 1987
UTC for wartime facilities, 1988
War medical planning guides, 1991-1997
War skill competencies, 1998-1999
Work center description, 1988

**BOX 17**  Slides

- Combat field feeding system, undated
- Food service kitchens, ca. 1966-1987
- Health promotion, 1989
- Renal education, undated
- Readiness operations
  - Assorted, undated
  - Disaster talk, 1984

**BOX 9**  Functional area report 469th, 1997-1999

- Kessler Technical Training Center/Nocton Hall Medical Center, 1986

**BOX 17**  Little Rissington, 1983-1991

- Navy fleet hospital test, 1987
- Red flag—Andrews Air Force Base, ca. 1980s
- Safety and cleaning, 1967-1982
- Wounded eagle III, 1984
- Wounded eagle IV, 1985
- USAF Medical Center Travis facility, 1989

**BOX 18**  USNS Mercy mission, 1987
Series VII: Education and Training

Description:
Series VII includes 3 ft. of proceedings, photographs, and slides from Air Force dietitian conferences from the 1960s-1990s, diet therapy specialist training materials from the 1960-1990s, and plans of instruction, photographs, graduation materials, and slides documenting the Air Force dietitians’ internship program from the 1960s-2000s.

BOX 9
Air Force diet technician program—American Dietetic Association program submission, 1986
Career development, 1982-1992
Community College of the Air Force, 1977
Conferences
Proceedings
Conference on Stimulating Nutritional Awareness and Action in Military Personnel, 1979
Memoranda establishing 1st Air Force Dietitians’ Conference—attendees list, 1953-1954
Nutritional Symposium Walter Reed Army Institute of Research
“The army dietitian as a member of the preventive medicine family,” 1970
“Philippines nutritional project,” 1970
“Current research projects at United States Army Medical Research and Nutrition Laboratory,” 1970
“Nutrition with short bowel syndrome,” 1970
“Nutritional care of the surgical patient,” 1970
“Metabolism during prolonged starvation,” 1970
“Research and writing for publication,” 1970
“DOD food service directorate,” 1970
“Meeting iron needs through diet,” 1970
“Space food developments,” 1970
“Nutritional standards,” 1970

Strategic Air Command Dietitians Conference proceedings
1964
1965
1966 [re-named Medical Food Service Officers’ Symposium]

BOX 10
1966 [re-named Medical Food Service Officers’ Symposium]
1967
1968
1969
1970
1971
1972
1973
1974
1975 [re-named Medical Food Service Management for Dietitians Course]
1976

BOX 19  USAF School of Aerospace Medicine, Brooks AFB, Officer courses chart, 1976-1977

BOX 10
1977
1978
1980-1984
1985-1989 [re-named Nutritional Medicine Service Management for Dietitians Symposium]
1990-1993
1995
1997
1998-1999

Photographs
Class in advanced mess administration, Ft. Sam Houston, 1947
Air Force Surgeon General Conference for National Civilian Consultants, 1951
1st United States Air Force Dietitian Conference, 1954
United States Air Force Dietitians Food Service Conference, 1959
Scott Air Force Base Conference [aeromedical evacuation], 1968
Strategic Air Command Dietitians Conference
1961-1962
1964
1967-1972 [1966, re-named Medical Food Service Officers’ Symposium]
1974
1977-1978 [1975, re-named Medical Food Service Management for Dietitians Course]
1980-1981
1985 [re-named Nutritional Medicine Service Management for Dietitians Symposium]
1987
1989
1991
1997
1998
1999
Tenth anniversary of the Biomedical Sciences Corps, 1975

**BOX 18** Slides
Air Force dietetics 25th anniversary dinner, 1974

**BOX 10** Transcript, 1974

**BOX 18** USAF 40th anniversary American Dietetics Association [historical slideshow, includes slides 1940s-1980s], 1989

**BOX 10** Slideshow transcript/program/photographs, 1989

**BOX 18** Armed services dinner, 1977
Assorted, undated
Facilities, 1958-1963
Recruitment, ca. 1960s

**BOX 10** Maxims, undated
Strategic Air Command Dietitians Conference, 1967-1977 and undated

Diet therapy specialist training
Course materials/study guides
Basic nutrition
1988
1993
Dietetic technician program booklet, undated
Diet therapy career field and safety, 1989
Disaster feeding, 1968
Evaluations, 1972, 1989
Menu production, costing & service, 1977
Nutritional medicine service administration, 1985
Nutritional medicine service management, 1985
Nutritional medicine service production, 1989

**BOX 11** Plan of instruction, diet therapy specialist, 1969
Suggested lesson plans for the Air Force diet supervisor job training standard, 1961
Terminology and abbreviations, 1989
Therapeutic nutrition, 1993
Training guide for air defense command diet technicians training course, Undated
[Unidentified training manual], undated
Volume I: responsibilities of a diet therapy specialist [CDC 92650], 1990
Volume I: responsibilities of a diet therapy specialist [CDC 92670], 1990
Volume II: food production and therapeutic nutrition [CDC 92650], undated
Volume II: nutritional medicine service management [CDC 92670 02], undated
Diet manager credentialing application, 1996
Graduation exercises programs, 1962-1964
Menu production, costing, and service, 1977
Newspaper clippings, 1962
Photographs [diet therapy supervisor courses], 1963-1969
Position description, 1991 and undated
Purpose of diet therapy supervisor course, 1964-1985
Training standard, 1967-1986
623 X 0 – 926 X 0 conversion, 1988-1994
Graduate education, 1952, 1979
Health and wellness center special duty identifier, 1997
Historical development of the Air Force diet supervisor, 1958-1960
Internship
Curriculum guide, undated
Dietetic internship program review survey, 1990
Graduation
Luncheon programs, 1975-2007
Photographs, 1951

BOX 20

Video
16 MM film [Frances Ballentine speaker], 1975

BOX 21

Videotape [VHS] [Frances Ballentine speaker], 1975

BOX 11

Photographs
1965, 1971
1973
1974-1979
1982-1983
1985
1986-1987
1988, 1990
1991-1992
1993, 1996
1997
1998
1999
Undated
Series VIII: Retired Air Force Dietitians Association

Description:
Series VIII includes ~2 ft. of manuscript material, photographs, slides, DVDs, and videocassettes documenting the creation and annual meetings of the Retired Air Force Dietitians Association. The series consists of bylaws of the RAFDA, programs and photographs of the annual meeting, newsletters, videotapes oral history interviews with prominent dietitians, and book and video versions of 50 years of Air Force Dietitians produced by the RAFDA.
| BOX 12 | Bylaws, 1988  
*Fifty Years of Air Force Dietetics, 1949-1999*  
Book [3 copies], 2001  
Video  
DVD, 1999 |
| BOX 15 | VHS cassettes [3 copies], 1999 |
| BOX 21 | *History of Dietetics—40 years*, narrated by Colonel Dean Falconer, Armed Forces Dinner, American Dietetic Association [4 Beta/VHS cassettes], 1989-1991 |
| BOX 12 | Meeting programs, 1989-2007  
Membership directories  
1989-1993  
1994-1997  
1998-2001  
2002-2004  
2005-2007 |
| BOX 20 | Medical Specialist Corps 50th anniversary medals, 1999  
Mirrored coaster (4" x 4") with RAFDA seal and date of RAFDA's 20th anniversary, undated |
| BOX 12 | Newsletters  
Volume 1, Number 1-3, 1987-1988  
Volume 1, Number 4-7; Volume 2, Number 1-2, 1989-1990  
Volume 2, Number 3-6, 1991-1992 |
| BOX 13 | Volume 2, Number 7-10, 1993-1994  
Volume 2, Number 11-12; Volume 3, Number 1-2, 1995-1996  
Volume 3, Number 3-5, 1997-1998  
Volume 3, Number 6-10, 1999-2000  
Volume 4, Number 1-4, 2001-2002  
Volume 4, Number 5-8, 2003-2004  
Volume 4, Number 9-11, 2005-2006  
Volume 4, Number 12-13, 2007 |
| BOX 20 | Oral history interviews [used in *Fifty Years of Air Force Dietetics, 1949-1999*]  
Audiocassettes  
Ballentine interviewing Creech [4 cassettes], 1990  
Ballentine interviews Underkofler, 1989 |
BOX 15  Videocassettes

Ballentine, [1 of 3], undated
Ballentine, [3 of 3], undated
Ballentine, undated
Ballentine interviewing Creech [1 of 2], 1990
Ballentine interviewing Creech [2 of 2], 1990
Ballentine interviewing Falconer, 1991
Ballentine interviews Underkofler, 1989
Creech, Gunter Hotel, undated
Falconer interviewing Ballentine, 1991
Underkofler, Gunter Hotel, undated
Dietitians [4/65-87164], undated
Dietitians [4/65-87165], undated
Dietitians [51307] Underkofler, undated
History of Air Force Dieticians [1 of 4], 1990
History of Air Force Dieticians [2 of 4], 1990
History of Air Force Dieticians [3 of 4], 1990
History of Air Force Dieticians [4 of 4], 1990
History of Air Force Dieticians, Ballentine [1 of 3], 1991
History of Air Force Dieticians, Ballentine [2 of 3], 1991
History of Air Force Dieticians, Ballentine [3 of 3], 1991
History of Air Force Dieticians, Falconer [3 of 3], undated
History of Air Force Dieticians, Falconer [3 of 3][copy], 1991

BOX 13  Photographs [RAFDA annual meeting scrapbook]

1987
1988
1989
1990 [includes American Dietetics Association’s uniform services dinner/Col. Moll’s 90th birthday party]
1991
1992
1993
1994
1995
2001
2007
Undated

“Recollections of World War II: Air Force dietitians in the war years, 1941-1945,” 1996 [2 copies]
Series IX: Dietetic and Military Publications

Description:
Series IX consists of 1.5 ft. of dietetic and military publications related to the work and research of Air Force dietitians. A majority of the publications are selected military and dietetic journals, principally the *Medical Service Digest*. Also included are booklets and brochures on the history of the Air Force, Masters theses and PhD dissertations related to dietetics and nutrition, and 2 documentary films on videocassette on the role and history of women in the armed forces.

**BOX 13** Booklets/brochures

- Engelman, Rose and Robert Joy, “Two hundred years of military medicine,” 1975
- Nanney, James
  - “Army medical forces medical service in World War II,” 1998
- Women in military service memorial brochures, undated

Books


**BOX 19** Journals

- *ADA Courier*, February, 1993

**BOX 13** *Airman*

- June, 1973
- December, 1978
- March, 1988
- November, 1990

**BOX 19** *Discovery*, Brooks Air Force Base, November, 1978

**BOX 13** *Food Management*

- June, 1973 [Operation Homecoming] [2 copies]
December, 1991 [A salute to military food service]

*Hospitals, Journal of the American Hospital Association*

October, 1970 [military in-flight meals]

*Institutions*

January, 15, 1971 [volume feeding]

**BOX 14**

*Journal of the American Dietetic Association*

May, 1962 [Emergency feeding program]

February, 1963 [Preparedness for emergency feeding] [2 copies]

*Medical Service Digest*

June, 1953 [aeromedical evacuation]

September, 1954 [Women’s Medical Specialist Corps]

April, 1965 [disclaimer of Air Force diet]

December, 1967

March, 1968 [aerospace dietetic research] [3 copies]

August, 1968

December, 1969 [cooked therapeutic in-flight meals]

October, 1971

December, 1972

August, 1973 [Col. Miriam E. Perry Award] [8 copies]

November, 1973 [Operation Homecoming] [4 copies]

January-February, 1978

July-August, 1979 [2 copies]

November—December, 1979

Summer, 1991 [2 copies]

*Nutrition Today*

June, 1967 [aerospace food]

May-June, 1973 [POW nutrition]

*The Retired Officer Magazine*

February, 1998 [Operation Homecoming]

*World Review of Nutrition and Dietetics*


**Theses**

Carleton, Deborah, “Design, development, and formulative evaluation of ‘Put Nutrition into Practice,’ a multimedia nutrition education software program for adults,” 1991


Harback, Maureen Oliver, “Fruit intake among active duty Air Force male enlistees at
the worksite: the development of an instrument to measure factors associated with consumption or avoidance,” 2000
Heetderks-Cox, Jane, “Effectiveness of a CD-ROM nutrient analysis program on self-monitoring behavior of active duty military personnel receiving nutrition counseling for weight loss,” 1999
Ogawa, Angela Marie, “The effects of calcium intake and physical activity on the bone mineral content and bone mineral density of United State Naval Academy midshipmen,” 1997
Vorachek, Trisha, “The effects of decreased prices for low-fat snacks in vending machines at a military installation on purchasing behavior,” 1999

**BOX 15**  Videocassettes

*In Defense of a Nation: A History of Women in the Military, 1992*
*Vietnam: No Time for Tears, 1993*